Often times, we say we need to have a life yet, we are living. What other life do you need? We do everything to keep this life. To the best of our knowledge, we struggle to maintain this life. Sometimes in our quest to maintain this life, we jeopardize it. We consume even what the manufacturers warn that consumers are liable to die young or contact incurable disease. Sometimes, we endanger our lives through our lifestyles thinking, we are living great. This has caused frustration, confusion, pretentiousness, anarchy and turbulence to our innermost being.

What is this life? Is it just breathing in oxygen and exhaling carbon dioxide? Is it just what we see; our flesh? When someone dies, we confirm by seeing the lifeless flesh we know. What then has been moving this flesh and where has it gone? It could be this thing that had been moving the flesh that needs to be taken care of, to have a life. *The spirit of man.*

Man is a spirit living in a mortal body and can rationalise hence, the will. With the will, the body is maintained to keep the spirit dwelling in it. Extreme damage to the body will cause the spirit to leave hence, burial of the flesh. While we work around the earth, we cannot willingly allow ourselves to be buried alive. Burying a living person is a heinous crime in every clime and country. By this, it is widely believed that life is s*acred.*

*The spirit of man is the candle of the Lord* (Prov 20:27)

How do we maintain this life? How do we take care of it? A car cannot be maintained without the manufacturers. Until the manufacturers hands over the manual and knowledge down the line, a quest to maintain the car will probably lead to more damage which, could be fatal. In the same way, life cannot be maintained without the creator. God is our creator. He is a Spirit and communicate with man via the spirit (John 4:24). No candle lights itself. Someone has to light it up. Equating the spirit of man as God’s candle means that man will not be able to life properly without God. Cut off from God, we can do nothing (John 15:4). When a candle is lit, vision increases. Without God in us, we are in darkness. We will continue experimenting, getting frustrated and at the extreme, be destroyed.

 ACCEPT JESUS INTO YOUR LIFE

 *In him was life and the life was the light of men* (John 1:4)

Light is an essential need. Without light, we stumble in darkness, break bones, hit our head, lose consciousness and in extreme cases, die. To be empowered spiritually or physically, we need light. Imagine the world without the physical light. We will not be able to power heaters in cold climate, nor fans and air conditioners in hot climate, no electricity or electronics, etc. In fact, no light, no developments. The same thing applies in the spirit. Without the light in our innermost being (spirit), we grovel in darkness; living; hoping to find fulfilment which, will never come. This is because no technology has been able to produce essential things of life: love, peace, joy and the likes. Sex, money, party, simulations and everything we acquire physically, has been able to produce these momentarily only to create a depressing rift afterwards.

We need the Light to be empowered, stay empowered and have a life.

Who is this light? It is a person; Jesus Christ; the only begotten son of God (John 3:16)

ACCEPT HIM AND HAVE LIFE.

Choose life. Choose it always.

Shalom